



# FAITH R BULT, DDS

## InciDentally

Summer 2010

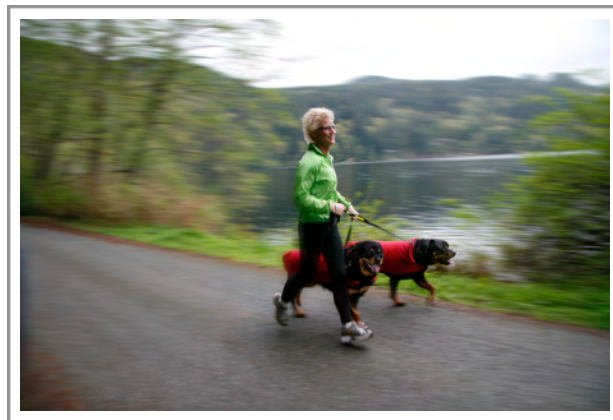
### From Dr. Bult

Ahhh...Summer. No more running into parked cars on the side of the road during those sleepy-eyed and dark early morning jogs, the birds now wake up the dogs at an even earlier hour (who immediately demand to be fed), and my eyes and nose run constantly from all the blooming trees!!! But in all seriousness I love summer.

Summer brings on a whole other set of sore muscles as we are able to get outdoors and enjoy beautiful Whatcom County. The vast array of different outdoor activities this area offers is what attracted me to Bellingham many years ago. What other area can you be less than an hour from downhill skiing, whale watching, two huge cities, and trails that never seem to end?

While we all must continue in our daily jobs the work seems to skip by a little faster as we look out the window and think about all the nice daylight we get to enjoy after we punch out – don't worry I'm not looking out the window when I'm in your mouth – at least usually I don't.

For those lucky enough to visit our office this summer we look forward to seeing you and for those who I see in our mostly predominant rainy 11 months of the year don't laugh at my bruises from running into those parked cars on my early morning runs. Thank goodness for mouth guards!



### Staff In The Spotlight: Maria

Maria is a local homegrown Dental Assistant that has been with our office since 2006. She was born and raised in Bellingham, graduated from Ferndale High School and finally attended Bellingham Tech. where she earned her Assisting degree and was awarded the "Pursuit of Excellence" scholarship for outstanding academics. What is her favorite aspect of her job? The many personal connections made and

helping overly anxious patients feel comfortable during their dental visits.

Not only does Maria have fun trying to keep up with Dr. Bult in the office but she also tries to keep up with her three girls at home ages 7, 8 and 11. Maria, and girls, also have a dog, three cats, a turtle, a rat and several chickens. Whew! And what does Maria do when she's not chasing Dr. Bult, cats, rats or kids? She loves pretty much any outdoor activity such as hiking, camping and kayaking.



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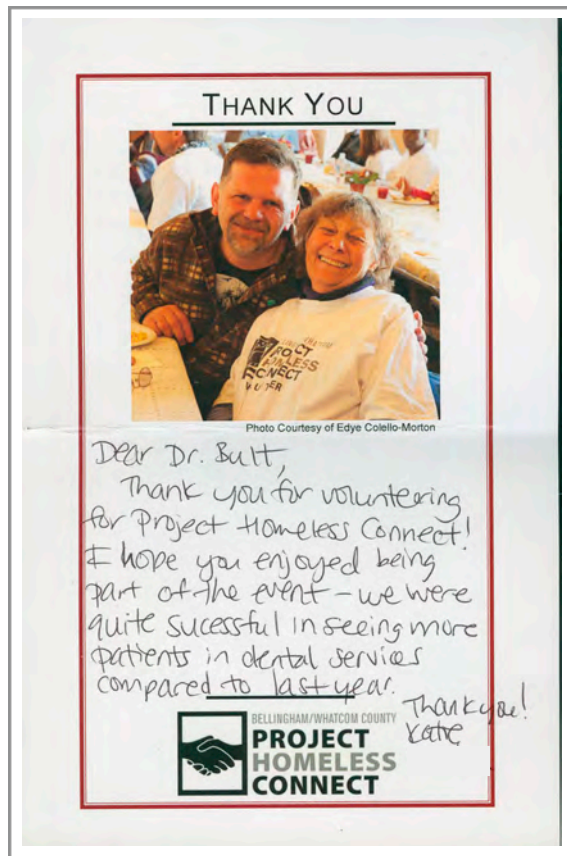
## Connect with us



[facebook.com/FaithBult](https://www.facebook.com/FaithBult)

Did you hear? Dr. Bult is now on Facebook. Scary, huh? We are trying to make sure we are actively communicating with our very best patients. Not a member of Facebook yet? No worries. Just periodically check our fan page. If you do decide to become a member of Facebook just become a fan and we'll automatically keep you in-the-know with the latest happenings in our office. Hope to see you online soon!

## Homeless Connect



Dr. Bult and Maria (Dental Assistant) recently volunteered for this event held in March. This annual project, headed by the Whatcom Volunteer Center ([Whatcomvolunteer.org](http://Whatcomvolunteer.org)), is a one-day event designed to bring free services to the homeless in and around Whatcom County. Services ranged from haircuts to vision screening to vet care for animals to healthcare and dentistry. This year the organizers had more than 300 volunteers serving around 700 people.

## New Video Series on Facebook!



Visit our Facebook page to view the first of our video series, titled "Meet Dr. Faith Bult." We will be posting new videos often, covering an assortment of dental subjects!

[facebook.com/FaithBult](https://www.facebook.com/FaithBult)

## Seminar in Cabo

In March, Dr. Bult and Dan traveled to Cabo San Lucas, Mexico where she attended a dental seminar on "New Technologies for Restoring Missing Teeth." We had a great time meeting up with dental colleagues spending each



morning in class and had excellent weather for our afternoon beach time "studying" the sunshine! Some issues that were discussed in the field of implants are written about in the "Dental 101" article (on the last page).

## Recently Updated Website

We recently updated the Faith Bult website! Stop by for new links, content, videos and more. Visit the site at [www.FaithBult.com](http://www.FaithBult.com) and let us know what you think!



## Appointment Confirmations

We are now set up to text or email a two-week reminder and a 2-day confirmation of any appointments you make with our office. Please let us know if this would be of convenience to you.

## Dental Financing



We all have felt the 'squeeze' during these difficult economic times and affording proper dental care sometimes seems unachievable. Overall health, beauty, nutrition and personal self-esteem are all affected by the degree that you manage your dental care. Daily flossing and brushing are

an important start but regular care and treatment from a hygienist or dentist is crucial. We want you to fully understand the importance of regular trips to our office as well as the options to obtain financing for your dental care. Whether you need a routine dental checkup, a possible emergency treatment or you simply have decided to get that natural looking, beautiful smile that you always wanted - we want to assist you in finding an easy, affordable credit line for your dental work. We offer CareCredit, a flexible payment program that allows treatment to begin almost immediately upon approval, most often within 5-10 minutes of submitting an application via telephone or online. All credit lines have several low monthly payment options to choose from and no annual fees. Many of our patients find CareCredit practical to use for their deductibles, co-payments, and treatment not covered by their insurance plan. This credit line can be a big relief for those patients who are without sufficient insurance. Additionally, CareCredit provides a revolving credit line that will cover the cost of dental care for the entire family. It can be employed for continuing treatment with any member of your family, without re-applying. We can even check your eligibility before you come in for an appointment. Just call our office and we will assist you in applying over the phone. When you have been approved, we can then schedule your appointments without any financial stress.



## Dental Implants



Dental implants are artificial tooth replacements used to replace missing teeth. There are a number of restorative options for the treatment of missing teeth, but none have proven to be as functionally effective and durable as implants. In many cases, dental implants may be the only logical choice for the replacement of the teeth and supporting structures, such as dentures or removable partials.

People who have lost teeth might feel too self-conscious to smile or have difficulty chewing or talking. Regardless of the nature of problems related to tooth loss, dental implants may provide a simple remedy with long standing proven results. Teeth are typically lost because of: tooth decay, root canal failure, gum disease, trauma to the mouth, excessive wear and tear or congenital defects.

Dental implants are stronger and more durable than other tooth replacement options – bridges and dentures. Implants offer a permanent solution to tooth loss. A single implant can serve to support a crown or more implants can be placed to support a dental bridge. They also can increase stability and retention when placed under dentures or removable partial dentures.

The implant process starts with an Oral Surgeon placing the implant into the bone. Following this placement, a protective cover screw is placed on top to allow the implant site to heal and the implant to osseointegrate (the process by which the bone grows into the implant). After several months, the protective cover is removed and a temporary crown is placed on top of the dental implant. The temporary crown serves as a template around which the gum grows and shapes itself in a natural way. The process is completed when the temporary crown is replaced with a permanent crown a few weeks later.

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